

# NEW SPECIAL CONFIDENTIAL REPORT:

*Think You Have to “Live With” The Pain? — Then You Must Read...*

## **Fibromyalgia: The “Untold Story”**

**How Dozens of San Diego Residents Are Beating the Odds — “Getting Their Lives Back” (And How You May Get The Same Results — Or Maybe Even Better)**

- Is anyone *really* getting any better from Fibromyalgia? Breathtaking, heart-warming and fascinating Fibromyalgia success stories.
- The single biggest mistake more than 95% of all Fibromyalgia sufferers are making with their choice of treatment – and a simple suggestion on how to avoid it.
- Why most current treatment is largely ineffective... and why you should seek a *different* approach (a scientific, safe and natural approach)
- How to achieve pain relief that is REAL and lasting – your condition actually *improving* (One Virginia Beach woman was days away from being forced to quit her job – but now is virtually pain-free and employed full-time).
- The specific strategies for reducing the pain of Fibromyalgia today – without having to do ANY exercises or resorting to a lifetime of taking drugs.
- How to know if *your* doctor really understands your Fibromyalgia condition and its causes – and is giving you good advice or not.
- **The most important things you probably need to AVOID to make sure you don’t make your condition *worse!* (So you don’t suffer the rest of your life).**
- A very sophisticated (yet simple) but little-known health care “inside secret,” which could quite possibly eliminate or drastically reduce the pain of *years and years* of Fibromyalgia misery...without drugs (and their side effects) or radical and risky surgery! (No, it’s not some “new” vitamin or mineral supplement or “wonder pill.” In fact, this is a safe, clinically proven corrective treatment – *patients rave about how this treatment brings REAL improvement...and it succeeds where all else fails!*).

Dear Friend,

Welcome to what I sincerely hope is the most truthful, blunt, straightforward, non-sugarcoated, no-holds-barred, no-nonsense look at the subject of Fibromyalgia that has ever been written.

With your permission, let me take you on an uplifting journey to learn about what's working — and not working — in the treatment of Fibromyalgia syndrome and similar devastating conditions. We'll sort through the “*good, the bad and the ugly*”... and there's lots of ugly! And we'll take a good hard look at one of the most inspiring, encouraging treatments available today for Fibromyalgia sufferers... that really works!

In this Special Report, I am going to show you *exactly* how you can easily, safely, painlessly and affordably get on the road to a better life, by drastically reducing or eliminating the pain of Fibromyalgia... through a breakthrough natural procedure which is responsible for some of the most impressive health recovery success stories you'll ever hear today.

It doesn't matter if you've been suffering from Fibromyalgia related pain for years or even *decades*... or if you're under treatment with any doctor ... or you've been told “*nothing can be done — just learn to live with it.*”

It also doesn't matter whether you're old or young... whether you've been told by a doctor that “arthritis” is a big part of the problem... whether you think you've tried *everything* out there in your quest for relief — or if you've already had some kind of surgery and maybe have some kind of “permanent” damage. You'll discover what realistic recovery opportunity is out there... and that the solution is not where most doctors are looking!

We'll completely avoid any “theories” or hype. In fact, what I'm about to share with you is based on several decades of painstaking, scientific, clinical research, and most importantly the “in the trenches” experiences with hundreds of patients throughout the country *who have achieved extraordinary results with some of the worst cases of Fibromyalgia.*

Now let me suggest an exciting idea. What if you, yes you, were one of the elite few who actually knew the real story? What if you could learn the health “secrets” of the Fibromyalgia patients who actually have had dramatic improvement - people who ignored the ranting of so-called “experts” and investigated the treatment that's “restoring life to the lifeless?” What do you think knowledge like that could do for your health?

Is such a thing even possible? And what on earth would it cost to have access to that level of information?

First, let me prove my claim that virtually all of the conventional wisdom about Fibromyalgia is wrong and then let me tell you a way you can have access to your potential solution.

My name is Dr. James Pietrek. Before I share with you my “secrets” to success in helping Fibromyalgia victims, let me answer the number one question I get asked...

**“Is Anyone Really Getting Any Better From Fibromyalgia Today?”**

# Absolutely!

According to recent reports from patients around the country, Fibromyalgia IS being helped, with dramatic results in many cases. Furthermore, due to these patient successes, there is legitimate and consistent hope for nearly anyone who's been diagnosed with this horrible condition.

Let's take a look at a few of these success stories.

## 1. **“Before, the only thing I could do that *didn't* hurt was eating! This procedure is nothing short of a “miracle.” It's 100% painless”**

Ann had Fibromyalgia for eight years. For her, the worst part of it was the neck stiffness, the all over body aches and not being able to sleep at night. Trying to drive a car and not being able to look to the left or the right, or behind was a big problem. When interviewed, Ann said:

*“At times I was at the point where I just couldn't do anything because the pain was so bad. I couldn't sleep at night. – I kept waking up uncomfortable with my neck problems, my shoulders, my elbows, and then...I started to have problems in my knees – then pain in my legs. I was always with pain in my neck and back. It never went away!!”*

Ann was at a point where she “learned to live with” a certain amount of pain, and when it would flare up, it would be so bad that all she wanted to do is lie down --- but lying down was MISERABLE and uncomfortable to her. Although she was able to go to work at the U.S. Post Office, Ann was suffering depression from drugs her medical doctors put her on — plus, her lack of sleep created further depression.

*“I used to enjoy bicycle riding, walking and playing with my grandchildren. I loved to play tennis, I loved swimming and doing yard work. All those things gradually went by the wayside. After many years of Fibromyalgia suffering, all I was basically able to do is go to work, come home... and if I walked around the block, I'd suffer for days from the exercise! There were NO daily activities --- there was nothing I could do. My husband was very patient, but I could tell it had gotten to a point where he was beginning to think it was just “in my mind.”*

She went to many doctors and had all kinds of tests — blood, x-ray, various physicals... but all she was told was that she suffered from “stress.” Ann was given medicine of all kinds: muscle relaxers, antidepressants, painkillers and then sleeping pills. It was the only way she could sleep at all. Eventually the doctors would say, “Basically this is all that can be done, outside of surgery.” Well here's what Ann thought:

*“I felt like I didn't want to try surgery... after all, what were they going to actually do surgery on? They never found any cause of my pain on ANY of the tests. So I wondered how they could even suggest surgery!”*

She was at the point where she felt this was the way she was going to be the rest of her life... that is until her daughter learned about the NUCCA procedure. In the beginning, it felt like parts of Ann's body were waking up that hadn't been alive before. The pain didn't totally subside – it shifted around a little bit. Sometimes she'd get a warm feeling in the muscles of her neck or back. Gradually, she began to get more mobility in her neck:

*“This was wonderful – not having to worry about hurting or being forced to shift around in my seat. Then, the numbness in my hand went away!! I could drive to work!! I didn't have to put my hands down by my sides and shift around so they wouldn't go to sleep on me...Then I noticed I was sleeping better. I actually went to sleep at 9pm one night and woke up the next morning. I didn't wake up 5 or 6 times during the night. My energy levels started to increase. The pain in the back and neck went away, and NO knee problems!! I was able to walk and NOT hurt. I could ride a bicycle. I just feel like a new person — everyone sees the difference in me. **It's like I have a whole new life!**”*

## 2. “I was told it was Fibromyalgia and that it was something I’d just have to live with...”

Debbie had Fibromyalgia diagnosed in April 1999, getting progressively worse. She also had Lupus. It became hard for her to get out of bed and it was hard to walk. Living life daily was quite a chore and she was getting quite depressed and discouraged with facing the rest of her life in that condition. The terrible pain began to affect her work and she wasn’t able to do any recreational activities. The mere thought of running, bending or stretching was too painful.

*“I was just going to a rheumatologist and was given Elavil. I was told it was Fibromyalgia and that it was also something I’d just have to live with, and there was no cure for it, which adds to the depression and discouragement of it all. Then I heard this incredible woman, named Louella Harris on the Oasis Christian Network radio program talking about this ‘NUCCA treatment’... but it wasn’t until several months later that I tried it.”*

After just a few weeks, Debbie was feeling improvement. She knew it wouldn’t happen overnight, but considering how long her condition had been present, it sort of was.

*“The NUCCA treatment has indeed made a difference in my life and it doesn’t hurt the least bit whatsoever. I was q□ such a great impact on my life. So many areas of my body feel better.*

Think Debbie was skeptical at first?

You bet she was... but she figured she had to try something to get rid of some of this pain, because she didn’t want to live that way the rest of her life. Now she’s living a normal life, free from daily misery, and has moved from Virginia Beach to beautiful Hawaii. If you’re going to live in paradise...you’d better live there feeling good to appreciate it.

*“I strongly urge ALL Fibromyalgia sufferers—each and every one of you to look into this treatment. I know people spend thousands of dollars on medical tests and treatment and so forth, with very little improvement from it and **I just would hope all Fibromyalgia sufferers would give NUCCA a try and see if it does make a wonderful improvement to your life too.**”*

## 3. “The doctor told me I had Fibromyalgia...but now I usually sleep every night like a baby. Praise the Lord, I can actually go to sleep!!”

It started 9 years prior when Joyce had spinal surgery on her lower back. She had told the surgeon that her neck was hurting so badly, but his only advice was to stand under the shower in the hot water. The doctor would say, “*It looks like you’ve got a lot of arthritis*” but nothing was really done about it. Years later Joyce had so much pain in her shoulder that she couldn’t flip the turn signal on in her car without the pain shooting from her neck to her arm! She couldn’t even hold a paperback book up without her arms and her shoulders hurting. She’d been taking Voltarin for her “arthritis” and then a “sports doctor” put her on Paxil and told Joyce that she had Fibromyalgia. She had terrible muscle spasms.

*“I was sent to physical therapy, but that seemed to INCREASE the stiffness and pain in my neck. That was daily! It kept me from doing a lot of things I wanted to. It got to the point that once I would go into muscle spasms and the “Charlie horses” would get so bad and my legs would hurt so much that my husband would have to drag me into the shower and put hot water on me until it would relax.”*

Now with the appropriate treatment, Joyce has drastically reduced her pain. She can walk again and she can turn her head without pain:

*“That was the very first thing that I noticed – with the very first treatment, I walked out of there thinking, “Hmm, I wonder if I had any help at all?” I didn’t feel anything when the doctor did the treatment, so I figured oh boy, there’s nothing to this! That was on a Wednesday. On the Friday when I drove back, I realized that when I went to turn... I could turn my neck to the right or left – and I started laughing! I was so tickled because I realized that my neck wasn’t hurting.”*

By the second week Joyce was flying high – she felt wonderful! She could squat down and stand up without pain like never before. It was a struggle for her to pull the clothes out of the dryer, but now she could do it. It became so much easier to do things around the house, including vacuuming, which used to be so painful to her neck and shoulders that she had quit cleaning!

By the third week, she was able to go on 3-hour car trips without any trouble. After a month, Joyce could drive 4 hours each way to her mother's – there was no pain. And stiffness...she was always told her pain was because of arthritis. Joyce's fingers aren't stiff, sore and achy like they used to be.

*"I was taking Paxil (I didn't like that), Voltarin, Celebrex and Elavil at various times, but these drugs made me feel like I was "in a tunnel" when I went to bed at night. It messed up my whole day the next day. I guess for the last 4 or 5 years, I didn't know what it was like to sleep the whole night through. I really appreciated that one."*

Plus, Joyce's balance problems have improved dramatically too. She used to fall frequently and hurt herself worse. Medical doctors told her that arthritis was causing her problems. But they couldn't find anything on x-rays. Then she learned that much of her trouble was because of Fibromyalgia... but more importantly she discovered effective treatment, which has rejuvenated her life.

*"It's made my mind more straight. I can take care of my house and keep things clean, because I can move now. Even though I'm having some trouble in the area where I had lumbar spinal surgery and I have metal rods and screws in my back, my lower back is actually feeling better. I've recommended this treatment to at least 50 people I know. Not all of them have gone but I wish they would. I even met someone on an airplane trip who was going in for back surgery and I told him to check into this! I've gotten 4 of my neighbors coming to him and they're doing great. I love to hear success stories. I have several friends going to doctors out of state and they're improving a lot too. So many people are suffering with problems that I know this could help. I don't mind at all if anybody wants to call me personally to talk about this care, because it helps me so much and I want others to be helped too."*

#### 4. **"I feel GREAT and I don't hurt anymore!"**

She had two discs go bad in her neck about 3 years beforehand, and the pain was very bad. She couldn't function – she couldn't work, nor could she stand up, sit down or drive. Linda was literally out of commission for a year and a half. She did get some help from a good doctor, but she was still falling apart all the time. Linda went for treatment just about every couple of days. The doctor was pretty frank and told her she was going to be like that the rest of her life.

Linda didn't have health insurance, so she didn't run to a bunch of doctors because she couldn't afford it. She was told she had degenerative disc disease with Fibromyalgia, and a bunch of other things. After reading some information (which she actually got for someone else who was being helped) she went for treatment.

*"It was **THE BEST THING I EVER DID IN MY LIFE!** After my very first treatment, I knew this was the place that I had to be and I wish I had found him 3 years ago. The doctor is fantastic, very sympathetic and very caring. He has essentially given me my life back. I feel great and I don't hurt anymore. I can pretty much do anything again! Pain?? I don't have any pain – I'm like a brand new person right now and I'm totally happy about it."*

**You see, Linda was told by so-called "experts" that *nothing could be done*.** That's right...conventional "wisdom" said otherwise, but she was determined to get better, and she knew someone *had to* know what to do.

*"I will gladly tell anybody to get this treatment. I know that I would have been going to a different doctor to get "fixed up" every few days – but no more. If you've been told you have Fibromyalgia, forget your skepticism -- don't waste a moment and get checked. Maybe you can get your life back too!!"*

Well I think you'll agree that these are some pretty awesome success stories. But they represent just a tiny fraction of the Fibromyalgia victims who are restoring their life to normal from the procedure that you're about to learn all about.

Keep in mind... many of these people are not just Fibromyalgia sufferers of a few years. A surprising number of success stories come from people who'd been in pain for as much as 40 years — people who didn't even know

that something called Fibromyalgia even existed! *Now*, they're enjoying life, doing the activities that they love and experiencing the joy of normal family relationships that were once destroyed by their physical limitations.

And the good news is that these real-live success stories can serve as a great model for your own situation. *You may quite possibly be a good candidate for the same life-restoring treatment they had — and achieve equal, and possibly even greater improvement.*

In fact, so many people around the country are doing so much better, that many are even challenging the concept of “Fibromyalgia” as a “legitimate” condition altogether!

That's right — not everyone who's told by a doctor that they have Fibromyalgia actually has any such “syndrome” at all.

## Would you like to know if you have an “incurable” Fibromyalgia Syndrome condition that you must “learn to live with”...or if there's hope for you?

**Here's a good rule of thumb:** Use some common sense. If you've been labeled as having “Fibromyalgia” KEEP SEARCHING for ANSWERS! There is not one single test, which can be done to reach the conclusion of the diagnosis “Fibromyalgia.”

Some “experts” say you have Fibromyalgia if you have certain pain patterns and symptoms, tender spots and whatnot. But these same “experts” also say that no known cause or specific treatment has been isolated. I belong to a growing number of doctors who say: **That's Phoney Baloney!!**

So, are the Fibromyalgia success stories I just told you about typical? Yes... that is with the right treatment. But, No — they're not typical with the typical or so-called “standard” medical treatments most pain sufferers are going through. The sad truth is that most people are relying on treatments that have no documented credibility, and are NOT based on any specifically identifiable clinical findings. And they're failing miserably to really get any better — simply because they don't know about the treatment methods and health care strategies that really work.

In fact, Dr. David Ryan of the United States of America Fibromyalgia Association has had a few choice words regarding this subject (1996):

*“Speaking of diagnosis, it sure would be easier if physicians would not use Fibromyalgia as a way of saying, I am too busy to look further into your problem and throw out Fibromyalgia like an old piece of paper into the trash... Fibromyalgia is a mystery to most medical researchers. Most of their studies have yet to pinpoint the apparent cause of Fibromyalgia. There is not even one medical test, which objectively diagnoses it, so it is more like a “process of elimination.”*

What a concept!

The truth is, there *are* doctors who truly understand Fibromyalgia... and they understand the people who've been diagnosed with it... and its root causes. However, there are only a small handful of doctors... and they can be tough to find.

You see Fibromyalgia is one of these “new” hot conditions. It's become the “latest craze” in medical diagnosis. These days, it seems everyone at least knows someone who's “got it.” However, here's what we found through...

## Years of painstaking research

The health care strategies I'm about to share with you are based on decades of clinical research and experience with successful treatment of Fibromyalgia patients. My colleagues and I have investigated and analyzed thousands of successful cases — and unsuccessful — cases which have enabled us to figure out the precise strategies to correct some of the specific underlying *physical causes*, as well as to discover the common elements of successful and failed treatment.

One of the most amazing things I came to realize was that “Fibromyalgia” was *not* something new. It's been

around forever — **it's just that it was called something different** (like fibrositis, myofascitis, arthritis, chronic fatigue syndrome, etc., etc.).

In fact, I was actually successfully treating so-called Fibromyalgia sufferers for years — ***and I didn't even know there was such a thing!*** Since I “discovered” Fibromyalgia in the 1990's, I've read countless articles in journals and books on the subject and “picked the brains” of some of the most outstanding doctors in the world, who were more than willing to exchange their “secrets.” **So, I've become (quite unintentionally) an authority in the Fibromyalgia treatment field.**

That's all well and good.

But more importantly, I've helped “real live” Fibromyalgia patients — people who've been “through the ringer” and are now living a life “paroled from the life-sentence” of Fibromyalgia pain for the rest of their lives — people who failed to get any better through treatments from A to Z. I've treated — and have delivered extraordinary results for — some of the worst cases of Fibromyalgia you can imagine. And I've got a base of happy patients (plus hundreds more from my colleagues around the country) to document it.

I am by no means telling you this to brag or to pat myself on the back. In fact, I'm frankly a bit embarrassed to be the one to have to tell you all this (but *someone's* got too). However, I want to establish my absolute integrity, credentials and expertise at the beginning so that you can trust the advice I'm about to share with you — *and know that it's based on experience — not theory.*

I may very likely be able to help you discover the greatest immediate — and long term — pain relief opportunity for your Fibromyalgia condition... precisely because I've helped other people achieve exactly that.

### **How did I become a Fibromyalgia expert? Quite unintentionally!**

Here's what happened: As a student several years ago, I learned about a procedure, which (unbeknownst to me at the time) was getting phenomenal results — by restoring balance to the neurological, skeletal and muscular systems of the body. The results were achieved through very skillful treatment near the base of the skull, at the uppermost region of the spinal cord — *where the brain connects to the body.*

Anyway, I quickly discovered that it's roots dated way back to around 1930, a microscopic sized group of doctors were tapping into the detection and correction of mechanical and neurological problems of the upper neck region, right at the base of the skull, which were discovered to be a major contributor to various painful conditions of the body — conditions which exactly fit the mold of what is now called Fibromyalgia — *and that was long, long before Fibromyalgia was ever “discovered” or diagnosed!*

I became greatly interested in learning all about it. I was shocked to discover that these “secrets” had quite literally been hidden for decades by the so-called “mainstream” health care establishment — the reason...

**It Worked Too Well!!** Ahh... the horrors of *politics, money and greed!* That's right — despite the efforts and success of these great health care pioneers, big business and the financial interests of the *American Medical Association* prevented widespread knowledge of it — for decades keeping it buried from the public!

So, when I got out into the “real world” after being a student, I quickly became fascinated (and even obsessed) with using this natural, corrective health care technology to reduce the pain and suffering of people with painful conditions, which they'd been told by doctors that **“nothing could be done.”** I studied everything available on the subject — reading several textbooks, and spending time with the greatest doctors in the field. And then, as I began taking care of patients in private practice on my own, I had the privilege to witness some of the most incredible recoveries from so-called “hopeless” conditions.

But in the process, I discovered something very disturbing:

## **Almost every patient I cared for had previously been the helpless victim of misinformation... misdiagnosis... and outright mistreatment!**

For a young doctor to be successfully treating patients (*the failure cases of many other doctors*) right from the start is an incredible feeling — but it didn't so much compensate for the fact that all these nice people had, in reality been misdiagnosed and mistreated by other doctors — enduring so much pain and suffering...needlessly.

Plus, I came to truly feel the impact of a misinformed public — I quickly learned that awesome results were NOT enough. You see, because this incredibly safe and precise treatment of the upper neck region, like many *non-drug, non-surgical* treatments, had been “blacklisted” by the *American Medical Association*, so many people were afraid to even investigate it. People who desperately needed help where ignoring it — simply due to totally unwarranted fear, generated by the *AMA*.

The fact was that the procedures were clinically tested and proven...safe, effective, painless and long lasting. Still, many people in San Diego have never come to the realization that this treatment is most likely the number one option for Fibromyalgia sufferers.

I have since dedicated myself to becoming an expert in the procedures I will explain to you in a moment, as well as its latest advances. I believe this is absolutely necessary for any doctor wanting to achieve **dramatic, measurable, and exceptional life-changing results**.

So, I took things one huge step further. I studied tons of Fibromyalgia resources — articles, books, pamphlets, and Internet sites. I compared notes with other doctors of my specialty around the country. I learned all about Fibromyalgia and more importantly — I learned all about understanding the people who have it.

My goal is simple: to help you “get your life back” as quickly as possible... with the least amount of effort... without relying on drugs, side effects and irreversible surgery. And to back up my 100% commitment to your success, I offer an evaluation opportunity that you will want to take advantage of. At the end of this report, I'll tell you more about how you can take advantage of my special evaluation programs.

But enough about me. To best achieve a better life by reducing or possibly eliminating your suffering, it's important that you first avoid getting caught up in the “crazy loop” of Fibromyalgia myths and – unsafe or relatively ineffective treatment options that are out there. Here's a few of the bigger myths...

## **The Five Most Common Fibromyalgia Myths — And How To Avoid Them:**

### **Fibromyalgia Myth #1:**

***There is NO known cause of Fibromyalgia.***

### **Reality #1:**

You've already seen that this is one hundred percent false through the examples of Fibromyalgia patients who have beaten the odds and gotten tremendously better. And, you'll remember that researchers have pinpointed an imbalance between the head and the upper neck as a primary causative factor... and they've developed scientific, drugless and non-surgical procedures to treat it — that's what these people used.

But, that doesn't mean that doctors around the country are raising billboards to let you know about it — no, no... *quite the contrary*. It seems that very, very few doctors even want to *know* about such procedures at all! Actually, it's not really surprising, especially when you consider that most medical practice is based upon the notion of naming a

condition... supplying a drug treatment to combat it. Pharmaceuticals are BIG business. That's where the money is! *Do you really think drug companies want you to learn about successful treatments, which reduce people's reliance on drugs?*

But that's why I'm here to help so that you don't have to make the same mistakes that millions of pain sufferers are making. In a few minutes, I'll tell you about what people who are beating Fibromyalgia are doing... so you can do the same and get the same (or better) results for yourself.

## **Fibromyalgia Myth #2:** ***You Can Exercise Fibromyalgia Pain Away***

### **Reality #2:**

This is a blatant contradiction of the first myth... but it too... is a myth. If there is "no known cause" of Fibromyalgia, as most say, then how are these doctors so certain that exercise is the answer? Isn't medical treatment supposed to be based upon accurate diagnosis?

Here's an example of this type of thinking: "*Your muscles are sore and painful — these exercises ought to help.*"

How can a doctor prescribe treatment for a condition that they say they *don't* understand? But still, Fibromyalgia victims are doing exercises... and suffering the painful consequences. They're often prescribed **Physical Therapy**.

I say No! – *Don't do it!* Your muscles are likely malfunctioning due to *nerve* problems due to skeletal imbalance. I haven't seen a patient yet who said that exercise or physical therapy helped much, if at all. In fact, most say exercises "prescribed" by a doctor made their pain WORSE!

Why would you want to add to your muscles' workload by trying to strengthen them with a rigid exercise routine in its present state? Would it make sense to take a car that was out of balance and keep driving it? Would you take any machine or household appliance that was broken and out of balance and use it *MORE*? You'd just be contributing to further wear and tear... right?

### Haven't YOU Had Enough Wear and Tear Already?

There's a time and a place for exercise. It's when your body's in better neurological and skeletal BALANCE... when your nerves can make those muscles work properly! Further damage may occur from hammering muscles through exercise, when they don't have proper balance and nerve supply.

**Why put yourself through that?**

## **Fibromyalgia Myth #3:** ***Ongoing Use of Various Medications Is Safe And Reasonable Treatment.***

### **Reality #3**

Treating a condition, in particular one that's poorly understood, simply by giving you drugs can be quite dangerous... not to mention rather ineffective. Nobody (especially doctors) seems to take drug side effects seriously... *you should!!*

Let's get *serious* — Other than painful exercises or the threat of *surgery*, when was the last time a doctor offered you a non-drug solution?

I mean, give me a break... are we still living in the "stone age?" Is your doctor telling you that swallowing pain medications, antidepressants and sleeping pills on a daily basis is *okay*? *If that's the treatment you've been getting, you may want to question how much this doctor actually knows about Fibromyalgia.*

***Here's a good question for you: If your smoke alarm went off, would you just pull the battery out, or would you put out the fire?***

***Isn't that REALLY what taking drugs is doing*** — temporarily turn off the "fire alarm," the pain, which tells you there's a problem? Sure, the drugs may ease the pain, but the "fire continues to burn" That's only a temporary fix.

Can you see that?

Let's get *serious* — Other than painful exercises or the threat of *surgery*, when was the last time a doctor offered you a non-drug solution?

When drugs make you feel good, they are merely giving you the "illusion" of health. Unless the causes of the problem are treated, covering the pain only tricks you into thinking everything's okay.

Think it's safe to take medicine all the time?

Think again!

## **The Shocking Truth About Drugs And Why They Don't Really Get Rid of Fibromyalgia Problems!**

What many drug companies don't want you to know is that their drugs do not cure you of what causes Fibromyalgia pain.

You see, the way these drugs work is to disable, for a short time, your brain's ability to feel the sensation of pain coming from your body. The pain's still there, you just can't feel it! It's just like sweeping dirt under a rug. Just because you can't see/feel it doesn't mean it's not there!

The dirty little secret about these pills is because you can't feel any pain; your body has no way to stop you from injuring your body more and more. Pain is your body's way of saying, "don't do that!" Because your body is effectively disabled from protecting you, you will only hurt yourself more and more by taking more pills.

At the same time, while you're at a greater risk to only make your pain worse and worse, you are putting yourself at risk to suffer from the nasty side effects of the most common pain relievers that can damage your stomach, kidneys, and liver.

Obviously, using drugs is not the way to go when it comes to getting rid of the real causes of Fibromyalgia pain.

Check out some of the common side effects of frequently used "over-the-counter" medications – you know, the stuff doctors and drug ads tell you are "harmless"...

Drugs like Elavil, Sinequan and Pamelor, which are antidepressants, can cause constipation, drowsiness, dry mouth, increased appetite and weight gain.

Stuff like Prozac, Zoloft and Paxil have been known to cause: psychotic behavior, dry mouth, headaches, diarrhea, pain, constipation, fatigue, arthritis, visual changes, insomnia, heart attack, bradycardia, confusion, and decreased sex drive...WOW!!

And, of course there are the anti-inflammatory drugs like Anaprox, Aleive, Motrin, Naprosyn, Advil, and Ibuprofen. They can cause gastrointestinal ulcers, bleeding, and kidney disorders. Plus...they can lower your natural levels of sulfur, causing increased fibrotic tissue buildup and increased *trigger points* – you know, those painful knots and

*spots in your muscles!*

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According to a study from **Johns Hopkins School of Public Health**, an average dose of more than one tablet of **acetaminophen** (most commonly known as Tylenol®) can double the risk of kidney failure. And, one **Ibuprofen** (the active ingredient in Motrin® and Advil®) taken every four days increases the risk of kidney disease 8.8 times!

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Researchers in the **New England Journal of Medicine** reported that acetaminophen causes an estimated 10% of the 50,000 cases of kidney failure that occur in the U.S. each year. Preventing those cases could save the country \$700 million a year in health expenses, according to government figures.

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Hey, let's not forget about steroids like cortisone and Prednisone. They can cause weight gain, mood swings, weakness in the muscles of the arms and legs, blurred vision, hair growth, easy bruising of the skin, slow healing of cuts and wounds, etc.

Now please don't misunderstand me...I know drugs are often necessary, helpful and life saving. But millions of Fibromyalgia sufferers are playing "Russian Roulette" with medications everyday; if one doesn't work, you *experiment* with another! Despite all of the "modern" medical technology, the only answer seems to be drugs.

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\*Note: *More Americans have died from the side effects of FDA approved drugs than from all of the wars this country has been in, in its entire history.*

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That doesn't mean that you shouldn't *ever* take medications. Of course you should...but only when it's *really* necessary.

## **Fibromyalgia Myth #4: It's "All In Your Head"**

### **Reality #4**

Run for the hills from anyone (especially a doctor) who makes such an insulting and sickening statement to you! How dare they!!

Sure, many people have emotional situations and stressful conditions that make things worse, but the reality is that people who are diagnosed with Fibromyalgia have very, very REAL pain. Doctors who know what to look for can tell in two seconds through proper examination that it's real... *without the patient even telling them anything!*

First of all, it's logical that people who are in constant pain are going to be depressed. Who wouldn't be? But you see, Fibromyalgia is a PHYSICAL problem, which can be made a lot worse when coupled with emotional trouble. Nevertheless, it's not a "mental" problem.

**If you've been "written off" as a "head case" because your doctor has no test results, which show anything physically concrete... then your doctor hasn't looked closely enough...or doesn't understand the common underlying cause! It's NOT in Your Head!!**

## **Fibromyalgia Myth #5: All Doctors Are The Same.**

### **Reality #5**

Welcome to the medical "loop of crazy"!!

You see, while most general medical practitioners are competent doctors — they spend their time diagnosing and treating a very, very wide variety of health conditions. So, this type of doctor is very unlikely to have lots of experience

with Fibromyalgia. It's a complex condition, which appears to have a high failure rate in treatment — that is... with the *average* doctor.

The underlying skeletal and neurological problems that most Fibromyalgia sufferers seem to have do not show up through “conventional” medical testing. Most Fibromyalgia patients will testify that their family doctors simply are not able to handle this condition.

But then the “loop” begins when the family doctor continues to prescribe all those medications anyway. Despite the effects of the drugs, *you still just don't feel good — like the person you used to be... a long, long time ago.*

Quite often, the next step for the general practitioner will be to refer you to a physical therapist. But here's the problem... The therapist is under direct order and supervision by the doctor (the same doctor who is *not knowledgeable in treating Fibromyalgia*). Since the therapy is based on the doctor's diagnosis and recommendations (quite possibly an *incorrect* diagnosis), this leads you through misguided protocols of treatment.

Months later, you are done with physical therapy. You are still in pain... possibly worse!

You don't want to go back to therapy, and you're sick and tired of taking all those medications. The sad part about this ‘loop of craziness’ is it's not over with. At this point, the doctor is at a loss as to why you're still hurting. So you are referred out, normally to a rheumatologist, neurologist or an orthopedic surgeon. Fibromyalgia patients say the results of these evaluations is always the same thing...

### **Medication, Surgery, Or More Physical Therapy?**

But that's not the end... not by a long shot! Oh no, the next step is the psychiatrist's office — because all the specialists couldn't find a physical reason for your pain... you must be “*nuts*.”

And, since many doctors appear to be seeing little if any improvement at all through drug treatments or physical therapy... You Will Likely Be Told The Following...

***“You will just have to learn to live with it.”***

Don't let this happen to you!!! **This Is A Big Mistake!**

So, the big question is...**What Can You Do?** Let's take a look...

## **The Powerful Fibromyalgia Solution... To Give You Your Life Back**

First, understanding the realities behind these five myths will help you avoid being confused, and quite possibly led down the “dark road” of Fibromyalgia *gloom and doom* — treatment which is based on the same concept of *drug you up...give you exercises...and surgery...send you to a psychiatrist — and then give up on you.*

Now there *are* many doctors with very good intentions — but they're still providing information and treatment suggestions that aren't based on tested, proven results... treatments with no basis of “cause and effect.” Isn't that treatment based on *theory* rather than fact?

**They're treating symptoms of Fibromyalgia and ignoring CAUSE factors!** I wonder how many doctors can actually say that they've had a Fibromyalgia patient truly get *better* (by better, I mean that their condition actually improved without covering up the pain with drugs).

It saddens me to see how much misinformation there is... and needless suffering for years and years too!

The good news is... clinical experience has shown that a great many Fibromyalgia victims do NOT require surgical

intervention, nor do they need all of the medication. And, Fibromyalgia sufferers are NOT just a bunch of whiners who have an “exaggerated” pain threshold (if this were true, nobody would improve under proper treatment).

Put simply, if you want to change your life, you need treatment that is *based on healing principles that work*. Further, physicians must be able to reproduce those techniques again and again — or it won’t work. Yet, until now, there have been almost no widely known resources to help you achieve your goal.

So let me tell you about the procedure that is making a huge difference... that my patients rave about.

It’s called...

## The “NUCCA” Procedure

Every day, NUCCA is rescuing Fibromyalgia sufferers from a “life sentence” of daily misery, pain and drugs. It’s putting Fibromyalgia victims on the road to a happier, healthier and more productive life – with much less pain, better sleep and increased energy — using only scientific, clinically researched techniques.

NUCCA is a painless, non-surgical approach to correcting specific nerve, muscle and skeletal imbalances. It provides long-term correction to one of the principle causes of Fibromyalgia and it brings lasting relief for many of the symptoms in most cases. And it often doesn’t matter how long you’ve been in pain... cases of Fibromyalgia pain, which have lasted for 5-10 years or even several decades have had great responses!

For most people, their doctors are still trying to handle your condition the same old way, over and over again. A very wise person once said, “One definition of “*insanity*” is doing the same thing over and over again, expecting a *different* result.”

For many years I’ve been blessed with the wisdom to solve some of the most difficult cases of chronic pain you can imagine – all without any drugs or surgery. Because of the NUCCA procedure, my patients have had phenomenal, life-changing results – many who’ve been unsuccessfully treated at some of the most well-know medical institutions in the area.

As a doctor, it is my duty to inform the public of their health care rights and options. The procedure is a safe and sensible health care procedure that has quite literally been “held hostage” from you by doctors, the AMA, the mainstream press and the Federal Government, simply because...it works too well, and costs too little.

That’s correct!!

Beginning around 1930, this concept in diagnosis and treatment for many chronic pain disorders was established. Since then it has been researched, developed and clinically tested thoroughly.

But, the vast majority of doctors are totally clueless about (those who even know it exists!). What’s worse is that they don’t seem to *want* to know! There are only about 250 NUCCA doctors in the world today.

The bottom line is that it is a very sophisticated, highly effective treatment, which if people simply knew it existed, would change millions of lives, as a select few “enlightened” medical doctors have learned...

- “*Unbelievable physiological improvement with NUCCA. This is the type of work that is going on out there that the medical profession does not know is going on, and they have to be made aware of it.*”  
— **Dr. Coulter Rule, MD, Internal Medicine, Psychiatrist, Retired New York Medical Board Examiner**
- “*I am astonished with the help I have gotten with NUCCA..*”  
— **Dr. Betty Gessel, MD, Internist, Vice President New York Academy of Medicine**
- “*I am saddened by the thousands, and probably millions, of patients that have problems that could be helped by NUCCA care, but don’t know that it exists. We want every single patient we have under care to have their spine examined by a NUCCA doctor. If the (neck and head) alignment is wrong, the nerve system is not going to work well no matter how good*

*their nutrition is, they are not going to be able to assimilate that nutrition sufficiently. The majority of cancer cases we see have overt cervical spinal problems, even the ones who don't have a history of spinal trauma."*

— **Dr. Nicholas Gonzales, MD, Immunologist, Cancer Specialist**

- *"I have seen cases that would have been classified by my colleagues as "nothing else we can do, learn to live with it, you need surgical intervention or long-term pharmaceutical therapy" when a few visits (to an upper cervical doctor) sees complete relief of their problem...It is not uncommon to have a patient return expressing their appreciation that I was able to refer them to someone that got to the basis of their problem and gave relief when they have suffered for so many years..."*

*It has been my privilege to acquaint other physicians with this intervention and show them the clinical outcomes brought about by structural correction...In addition, you provide more complete relief to the patient's symptomatology and prevent future arthritic and degenerative disc problems."*

— **Dr. Jack H. Carleton, M.D., Walkkill, New York**

- *"As a medical doctor with thirty-five years of clinical experience, I feel that most patients with acute and chronic neck pain or headaches should be considered for NUCCA treatment."*

— **Dr. Stanley H. Block, M.D., University Place, Washington**

## **“WOW... that’s great... so what exactly is the NUCCA treatment all about?”**

Although upper cervical care is not specifically a “Fibromyalgia treatment,” it helps it tremendously. And, people with various pains and problems like Migraines, Carpal Tunnel Syndrome, chronic neck and back pain, arm and shoulder pain, etc. respond beautifully to this care too!

*Now of course there are cases that don't respond to this care, nor is every case accepted. No two people are alike and there can be multiple causes of Fibromyalgia pain. It is by no means a “cure-all.” However, it has truly been the answer to restoring a normal life for Fibromyalgia Syndrome patients around the country.*

It’s a process of locating and reducing nerve pressure caused by mechanical malfunction of the neck and skull. The corrective procedure is performed by a doctor who uses an extremely light touch, which is literally like a little “tap or tickle” that you don’t even feel. This is critical, since most Fibromyalgia patients are very sensitive to even the lightest touch — they hate to be “poked and prodded”...

And this makes it a phenomenal approach to treatment, which is done by lightly positioning the doctor’s hand on a specific spot behind your ear at the base of your head. A mathematical skeletal analysis is done on specialized neck x-rays to figure out exactly what to do for each patient.

***People are amazed at how simple the procedure is... but even more so, how effective.*** Every day, this very safe and delicate, non-surgical procedure is dramatically reducing the pain and suffering for Fibromyalgia Syndrome and many other chronic pain conditions.

It would be very lengthy and difficult to explain in great detail how it actually works in this report, but I can give it a “whirl” for starters.

Although the exact mechanism of Fibromyalgia is not fully understood, research indicates that many patients may have a Brain Stem or upper spinal cord malfunction. According to Dr. David Ryan, Trustee for the USA Fibromyalgia Association (April 1996), *“The most likely cause of post-traumatic Fibromyalgia is a mild concussion or bruise to the brain stem...the brain stem houses all the functions of sleep... a patient’s brain stem goes bad and results in Fibromyalgia.”*

In fact, the results of a 1997 research project were published in *Arthritis and Rheumatism*. The researchers studied the relationship between cervical spine injury and the development of Fibromyalgia. 59 patients with leg fractures and 102 patients with neck injuries were assessed for the presence of Fibromyalgia. Although no patient had a chronic pain syndrome prior to the trauma, Fibromyalgia was diagnosed following injury in 21.6% of those with neck injury versus 1.7% of the control patients with lower extremity fractures. The conclusion? **Fibromyalgia Syndrome**

was **13 times more frequent following neck injury** than following lower extremity injury. The evidence suggests that biomechanical disturbances in the cervical spine plays a likely role in the onset of Fibromyalgia Syndrome.

Your brain sends electrical and chemical messages back and forth to your entire body through the spinal cord and the trillions of nerves which branch off of it. Your brain tells your body what to do through the nerves

These brain messages pass through the brain stem area, located at base of the skull, where the neck connects. The brain stem is where the brain ends and the spinal cord begins. It's like the main "circuit breaker" to your body. All the organs and tissues of your body get their messages from the brain through the nerve connections of the **spinal cord and spinal nerves**.

## **The Key to Diagnosing and Treating Fibromyalgia is a Tiny Bone Called The ATLAS!**

The **ATLAS** vertebra is the name of the first bone of the neck (cervical spine). It's the foundation of your head and the center of balance of your body. It weighs only 2 ounces, yet it supports your head, which is the weight of a bowling ball! (In Greek mythology, Zeus sentenced Atlas to carry the weight of the world on his shoulders). The atlas surrounds and protects the spinal cord and brain stem region – sitting at the opening of your head where your *brain ends* and your *body begins*.

### **So, if the ATLAS Shifts Out of Normal Position, It Causes Body Imbalance, Abnormal Nerve Function & All Kinds of PAIN!**

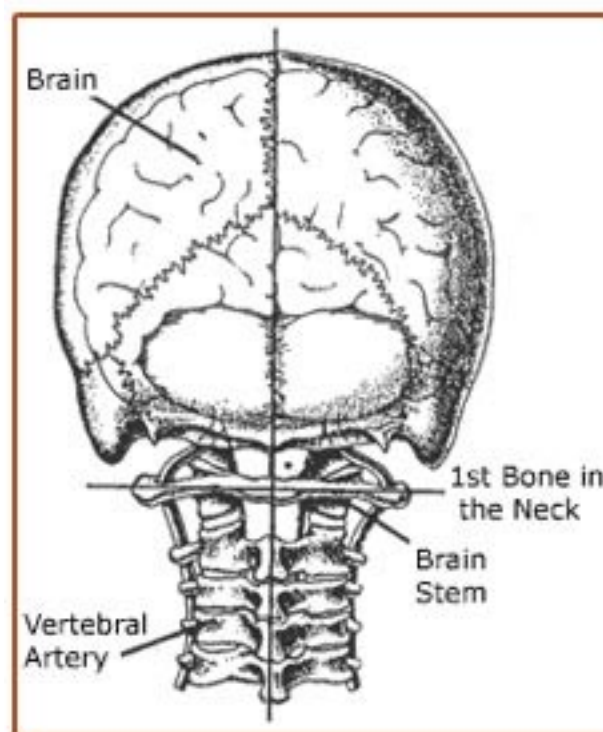
Your **body** will be balanced and straight as long as your **head and neck** are balanced. The most important factor in your skeletal frame staying straight is having the weight of your head centered over your neck, beginning with the **ATLAS** bone. In other words, literally...

## **“Your Head Needs to Be On Straight”**

That's Right. I'm not kidding! For years I've explained this concept in lots of technical ways, and most of the time the comment I hear is: "So in other words Dr. Pietrek, my head's not on straight!" And you know what...they're right! So I'm sticking to that cliché because it's an accurate explanation. Take a look...

### **Here's How Your Head & Neck *Should* Be:**

Neck below,  
Straight and Level  
with the Head and  
the Atlas



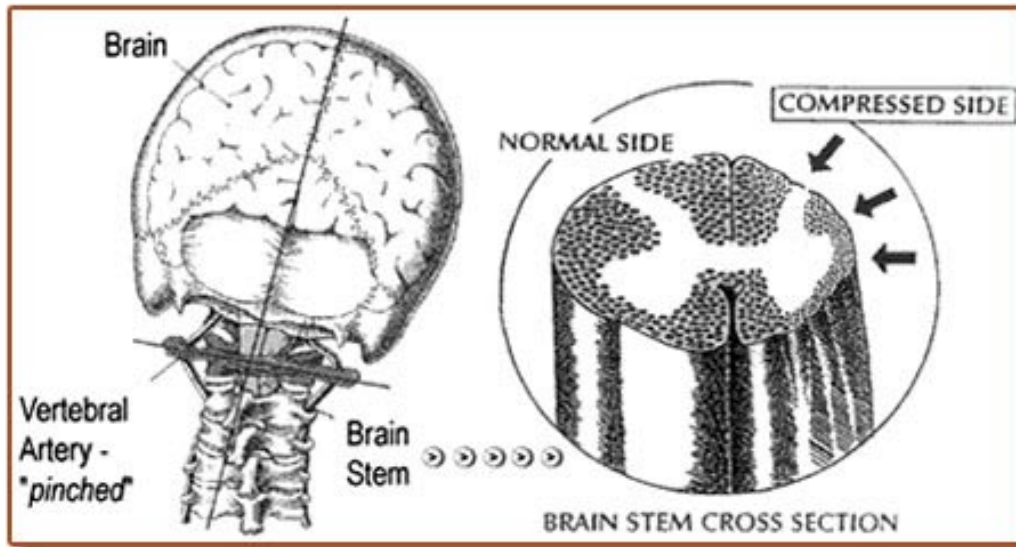
Head Level to the  
Neck and Entire  
Body

Atlas  
Vertebra  
Normal and  
Level

Your Head Should Sit Level Right Over Your Neck and The Rest of Your Skeletal Frame Below. This is what is called the **Orthogonal Position**. Orthogonal (pronounced OR-THOG-O-NAL) is a mathematical term, which simply means at 90-degree angles.

## But Here's What Happens When The ATLAS Shifts Off Center...

Neck below,  
Twisted and  
Shifted Off  
Center from the  
Head and the  
Atlas



Head Tilted Off  
Balance From the  
Neck, Causing  
Entire Body to  
Shift

Atlas  
Vertebra  
Abnormally  
Shifted Off  
Center

Pretty nasty looking, isn't it? Guess what? It's not an exaggeration! And that might be **YOU!** Millions of Fibromyalgia sufferers are *literally* walking around without their heads on straight...and they've got the pain to prove it!

You see, when the weight of your head is shifted off center due to atlas misalignment, your body below gets out of balance to compensate for the change. In an effort to keep the head centered over the neck, the spine and pelvis will twist. Many joints of the spine can get locked up, causing pain and tenderness; swelling, muscle tightness and disturbed blood flow.

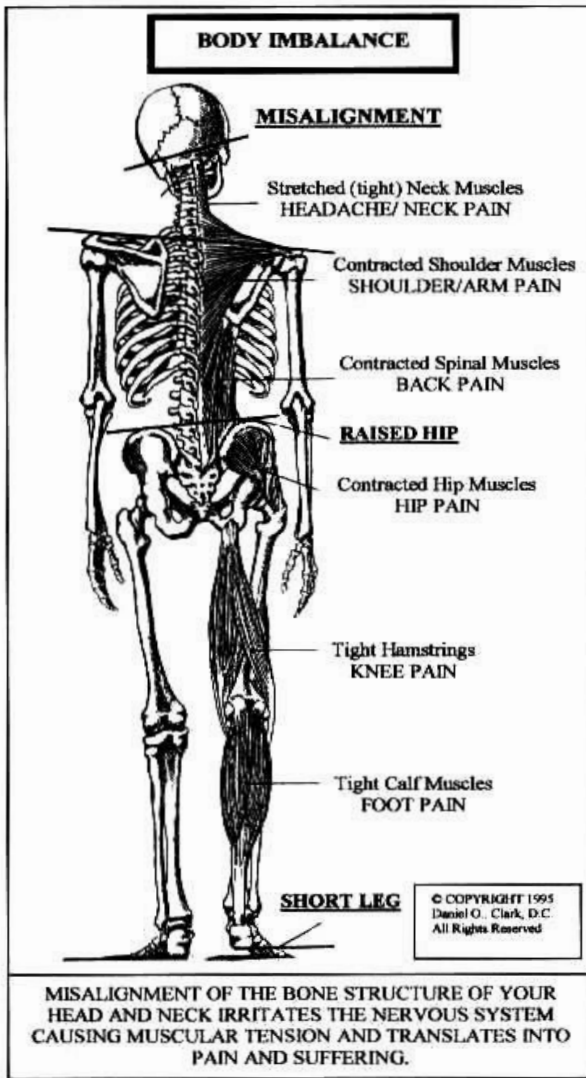
**This body imbalance causes asymmetrical strain and tension on muscles, joints and nerves from head to toe, making one leg pull up "short."**

**I've yet to see a Fibromyalgia patient who *didn't* have all of these factors!**

*Living with Atlas-body imbalance is sort of like driving a car with an unbalanced frame: if you keep driving it, you'll cause further wear and tear and damage to other systems of the car. And you've got to realize that when your SPINE breaks down...so do YOU!*

It creates a **"domino effect."** When your head and neck are out of balance, the rest of your body is out of balance too! The Atlas bone is the **CENTER OF BALANCE FOR THE ENTIRE BODY.**

So, when my Fibromyalgia patients see their imbalances on their neck x-rays they often say "it's no wonder I'm in pain," especially once they understand how the **atlas imbalance "chokes" off nerve energy flow!... it's the "missing link" to Fibromyalgia.**



When your neck isn't right, your entire body can be affected! It takes only the slightest shift of the bone to irritate the nerves. You don't have to *break* your neck to have big-time problems...in fact, if the pressure equivalent to the weight of a dime is placed on a spinal nerve, this would result in a 60% decrease in nerve function.

Realize that your body can't function without a proper supply of oxygen, food or water. What few people understand is that your body degenerates if it is not supplied with proper nerve flow.

Okay, I'm sure you've gotten the point by now and you're wondering...

## “Who Are These Doctors Who Perform the NUCCA Treatment?”

We're called NUCCA (pronounced: new - ka) doctors. NUCCA stands for the National Upper Cervical Chiropractic Association. Doctors proficient in the NUCCA Procedure typically complete many hours of post-graduate study in this specialized area in the field of *chiropractic*. You see, this procedure is not “traditional” chiropractic spinal manipulation or “back cracking,” nor is it some kind of “physical therapy.” This is what most people think of when they hear the word chiropractic. This is of course, part of the problem, since people assume that only doctors with an “MD” license are “*real doctors*” who are qualified to treat them.

It's a shame that I've found it necessary to give you this background stuff, but the public is greatly misinformed about many health care issues, and chiropractic is certainly one of them. But remember

what those top medical doctors had to say earlier on... *it's the ones who are informed that are making the biggest difference.*

By the way, do yourself a favor:

If you are looking for help, but already have reservations about the Procedure, because a doctor of chiropractic does it, please have an open mind...for your sake. Just forget anything you know, have experienced, or have heard about chiropractic (good or bad) or any form of treatment until you have thoroughly investigated this procedure. I promise you...It's NOT all the same!

Medical doctors have all kinds of specialties and procedures -- some are great for certain things... and some for others! And some just plain don't work well at all. The same holds true for Chiropractic doctors and their procedures. If you check out the facts you'll discover a whole lot is out there to help people, each doctor and method having various benefits for certain individuals and conditions.

There are many wonderful techniques available for various problems done by both traditional medical and chiropractic doctors. I am not going to tell you that the NUCCA procedure is the “only way” to help Fibromyalgia...It's just MY way... the way my patients know works!

People always ask me, “**If this Atlas stuff is true, how could it be so poorly known?**”

But instead of me explaining why, let me allow Louella Harris (the founder of NACUCC, the non-profit organization that finds Atlas specialists for people nationwide) to do it...



*“There are specific reasons why you have never heard about this before, and unfortunately, they are all about politics and money. First, there has been a war going on between the medical profession and the chiropractic profession over the last 107 years. Whenever there is a war, there is always a black out of information to the public at large. For example, 7 years ago when we tried to discuss this (atlas) care with any medical doctor or nurse, the moment we mentioned the word “chiropractor”, a thick wall went up. We never were given the chance to describe the procedures and how advanced they’ve become. The medical prejudice we encountered prevented us from being able to share this information with doctors and nurses who work with people who desperately needed this information, the very information that would have helped their patients avoid surgery in many cases and avoid the consumption of drugs with dangerous side effects. Because the doctors and nurses themselves did not know about this type of healthcare, and in some cases, they chose not to know, their patients have paid a high price for their medical doctor’s ignorance.”*

— **Louella Harris, founder – the National Awareness Campaign for Upper Cervical Care**

You’ve gotta understand...the NUCCA Procedure is small business. The medical-pharmaceutical-surgical industry is BIG business! That’s right – we’re talking millions and billions of dollars...“mega-bucks”. However, NUCCA doctors are individuals running private offices in regular towns, for regular people, with regular money – you know what I mean; student loans, small business loans, etc. The services we have to offer will never make any big corporations rich, so the knowledge of its effectiveness remains “low profile.” If drug companies were able to patent and market Atlas procedures, you would have known about decades ago!

The NUCCA procedure is NOT a “*belief*” or some “*theory (as most MD’s would like you to believe)*” — it’s a clinically proven, FDA approved, mathematically based, scientific, safe and painless system of treatment. It’s taught at fully accredited, Board-regulated professional institutions. And, its research and development dates back to 1895.

## **Getting Rid Of The Symptoms Is OK...Getting Rid Of The Cause Is Better!**

Listen! You may not have to live with Fibromyalgia! You do have other options! You may not have to be on sleep inducing drugs to keep the pain under control! You may not have to get used to the pain, numbness and tingling. You should not be so quick to change your life, or give up your lifestyle because of Fibromyalgia!

Unfortunately, many medical doctors right here in your community have a very deep prejudice towards “alternative” health care, even when it’s shown to have greater potential to end your misery than drugs, exercise, therapy or surgery; Doctors who might stop the problems forever without drugs or surgery by restoring one of the causes of the problem to it’s normal state!

As hard as this is to imagine, some doctors have the attitude that if THEIR practice of medicine cannot eliminate a condition...then you just have to learn to live with it! Sound familiar?

It really is disgusting, but the traditional wing of the health care profession is not too anxious to give up the ownership of the health care industry they used to have. Profits before your health. Sad, but very true.

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*“Powerful medical institutions and drug companies work very hard to keep you in the dark. It’s their way of staying in control of the health industry.” (Jane Heimlich, wife of Dr. Heimlich, discoverer of the Heimlich Manuever, What Your Doctor Won’t Tell You)*

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But that’s the old days. The past. Now, you have the option of possibly ridding yourself of your discomfort quickly, painlessly and forever!

In fact, for the first time ever, *more out of pocket money is being spent on “alternative” health care than traditional medical doctors!* People are sick (no pun intended) of being told that they have to go on with their disorders overtaking their lives.

**People are finding out that much of what used to be called “alternative” health care...is actually more advanced, more scientifically correct, more successful than so-called traditional methods!**

It’s funny how health care techniques and disciplines that used to be considered “alternative”, are now considered mainstream, effective, useful and *permanent* cures to previously incurable conditions!

You see, the truly advanced methods of health care first uncover the real CAUSE of the condition...and then set out to deal with the CAUSE of the disorder, so that the remedy will work quickly and last! And, if possible, the removing of the CAUSE of the problem should occur naturally. They should work with your body’s own remarkable healing powers, and re-create the same state of health that existed before outside influences changed your body, and led to the debilitating illness!

THAT’S how health care should be delivered! Don’t you agree?

Anyway, after meeting many of you, we have created a Fibromyalgia care program that dispels the myths, reveals the hidden causes...and most importantly, explains one of the latest, proven, non-surgical methods that most general practitioners, physical therapists, or company doctors do not know about, nor are trained to provide you!

This information is not based on any theories or conjecture. No, it’s based on many years of research, and most importantly results. There are methods that exist that can reduce or eliminate Fibromyalgia Syndrome without ever needing medication or surgery!

Now don’t think that non-drug or non-surgical methods are “old fashioned” or “low tech.”

No way!

What we’re talking about is a very sophisticated, mathematically based, natural protocol to treat the problems you have developed and can’t get rid of. Just because we don’t cut you open and view your spinal cord or brain stem through a lens from the inside of your body, doesn’t mean that what we do isn’t at the forefront of health care and may dramatically enhance your long-term quality of life!

I’ve personally been doing this for years... this stuff plain works!

There’s something you’ve got to keep in mind. I am dedicated to changing the lives of San Diego’s Fibromyalgia sufferers. This is what I do. This is my calling. This is what I know backwards and forwards.

**What I do is scientifically correct and proven over thousands of patients who used to suffer...and no longer do!**

You probably have a condition that I have seen, dealt with and fixed up many, many times before! (Without drugs or surgery, don’t forget!)

See, unlike some doctors, or possibly even your employer or spouse...I have complete empathy and an awareness of just how miserable you feel.

**I don’t think that it’s “in your head”, or, “you’re exaggerating.” I don’t think it’s something you should “get used to”, or “learn to live with.”**

I KNOW how much you hurt. I KNOW how disconcerting it is to feel that disturbing tingling or numbness. I KNOW how painful it is to do certain motions or activities. I KNOW how disruptive and debilitating it is to have these pains and symptoms as your constant, unwanted companion.

When you explain your problems to me, I’m not going to downplay them just because they don’t appear on the surface or don’t show up on another doctors’ x-rays, MRI, CAT scan, etc.

I'm not going to tell you, "Well, it looks like you are just going to have to live with it," or scare you into undertaking expensive and risky procedures for one of the most misdiagnosed, and misunderstood conditions in the country...

Fibromyalgia

I'm not going to make you feel like there's something weird or wrong with YOU. You're not going to have to feel like you have to be guarded or cautious when you explain your ailments to me. I WANT you to unload your feelings, concerns and fears, so I can HELP you get better! I UNDERSTAND.

## **If YOU Have Been Told You Have Fibromyalgia (or think you may have it), You Should Be Calling ME!**

I will never claim to be something I'm not. But if you want to get the right diagnosis, the correct evaluation, the proper treatment for your aches, pains, numbness, etc...then I am the expert to help you!

In this day and age of specialization, you need to always work with the right professionals who are trained, experienced and who *specialize* in the area you need help in.

If you're interested in checking this out further, you may be wondering what's the best way to get the information you need to be able to make an educated decision on what to do.

Well, we've recently created a FREE and non-threatening way to do this that you're going to love! It's a "no-brainer"...

### **A FREE FIBROMYALGIA – CONSULTATION & UPPER NECK EVALUATION**

(You must Respond By The Date Stamped At the End Of This Report,  
Otherwise We'll Have to Wait Until We Get a Cancellation to Schedule Your Appointment)

**If you decide that you want to come right in, we have a really nice way to help you** When you come in you'll have the chance to meet with us, get to know us, and tell us about your problem. Then we're going to do an Upper Neck/ Body Balance Evaluation. This gives us a quick idea about the severity and true location of your ailment.

#### **So Why Am I Willing To Provide These Very Valuable Services For FREE?**

**Simply because I want the opportunity to give you your life back!** My experience has convinced me that Fibromyalgia sufferers are so skeptical, and fearful about trying something new — fearful that a treatment will fail to help them... that they won't even spend a dime to investigate it... and continue to suffer.

While I don't care about this from a business point of view (I'm quite busy)... it bothers me personally. I can't stand knowing that right here in my community; hundreds of people are suffering whom I very likely could help. So I'm willing to make a financial sacrifice just so you'll have absolutely NO EXCUSE to avoid having a Fibromyalgia evaluation. Too many fearful, misinformed people have missed out on the joys of life for many years because they DIDN'T come see me when they first learned about the NUCCA Procedures. **This bothers us!!**

*But please... do NOT call me for an appointment unless you are SERIOUS about changing your life! This evaluation is the "real deal." I'm making it super easy for people who want my help to get acquainted with me and get examined. If you are just a little curious about this treatment, please don't take up the appointment time of someone who's ready and willing to be helped, if I can help them.*

All you have to do is call **(858) 472-1366** and make an appointment. Make sure you tell our receptionist that you've received this report and want to come in for your **FREE Fibromyalgia-Consultation and Upper Neck Evaluation**. The evaluation includes testing (offered at no other clinic in San Diego County) that will help pinpoint the cause of your Fibromyalgia. Again, no one is going to try to sell you anything.

This is simply a chance for us to meet each other... for me to look you over with my state-of-the art diagnostic systems, and see if my services can benefit you. If after the appointment, you believe there is no benefit to be derived from working with us, you simply leave and that is that. If, however, you do find that you want my help, we will discuss how we proceed from there. That includes verifying your insurance coverage and going over our low, no-interest monthly payment options (if you are uninsured).

So, if you're experiencing Fibromyalgia (or *think* you have it), have been treated with little or no improvement... or want a second opinion to compare what I have to say to the care you're currently receiving, please **CALL RIGHT NOW**, at **(858) 472-1366**. My appointment calendar is always booked solid (*I am the only doctor in San Diego County who specializes in this procedure*), so don't procrastinate. If you're concerned about your long-term health, make that call to us now. What have you got to lose? Why not finally get better? Either way, I wish you good luck, with a bright future, shining in the light of excellent health!



*Sincerely,  
James Pietrek, D.C.*

P.S. No matter what else you do, please find out what's really wrong with you with our Free Fibromyalgia-Upper Neck Testing. Don't suffer needlessly. You may very possibly get better quickly, without drugs or surgery! And, no matter whom you get to help you, at least make sure to ask the right questions before you do anything, especially surgery!

P.P.S. For your convenience, enclosed is additional information regarding one of the Evaluation tools we use in our office. **Get Your Free Evaluation Before It's Too Late!!!**

If you call my office by \_\_\_\_\_, you will receive, at no cost to you, a complimentary Fibromyalgia-Consultation and Upper Neck Evaluation to evaluate your Fibromyalgia condition.

*To find other NUCCA doctors around the country, outside of San Diego -- for friends and loved ones,  
call the NUCCA Organization at (918) 748-1900.  
Report Compliments of Active Posture Chiropractic, 2005*

*6904 Miramar Road #214  
San Diego, CA 92121*

**Disclaimer: NUCCA is a system of chiropractic care, learned through study in a post-doctorate, board certification program. It is not the intention of this report to claim superiority over any other doctor or their methods, whether it be chiropractic or traditional medical -- That is for you to decide through investigation and experience. No two people have the exact same response to any treatment method. Clinical results have pinpointed that the upper neck plays a significant role in Fibromyalgia. This is the total focus of my practice.**